

TMD - Lecture - Full Day
Thursday, September 27, 2018
9:00 am – 5:00 pm



Dr. Jeffrey Okeson – Lexington, Kentucky

Title: What every Dentist needs to know about TMD: The Facts and Fantasies

Location: Le Westin Montreal Hotel
270 Saint-Antoine O, Montréal QC H2Y 0A3

Fortifications Ballroom – 9th Floor Le Westin Hotel

CE Credits: 7

Synopsis: Temporomandibular disorders (TMD) are a group of musculoskeletal disorders of the masticatory system. These disorders are responsible for the second most common pain complaint seen in the dental office. Therefore, every dentist should have a sound understanding of TMD so that the most appropriate care will be selected for the patient. This presentation will define the relationship between occlusion and TMD, as well as describe muscle and joint disorders, along with management strategies for each. The appropriate use of occlusal appliances will be discussed and whether it is appropriate to follow up with dental care.

Learning Objectives:

1. Be able to identify those pain disorders that will likely respond to your therapy from those that will not.
2. Describe the most favorable orthopedically stable relationship between the occlusion and condylar position for restorative dentistry.
3. Describe the appropriate use of occlusal appliance therapy for muscle pain and joint pain.
4. List common mechanism that explain why an occlusal appliance may reduce a patient's TMD symptoms

Bio: Dr. Okeson is Professor, Division Chief and Program Director of the Orofacial Pain Program, which he established in 1977. He has authored two textbooks on TM disorders and orofacial pain, which have been translated into eleven different languages. Dr. Okeson is a very sought-after lecturer on the subject of TMD and orofacial pain and has presented more than 1200 invited lectures on the subject of TMD and orofacial pain in all 50 states and in 54 different countries. He has received numerous teaching awards including “The International Dentist of the Year Award” from the Academy of Dentistry International. This is the highest award recognized by this Academy and was given to him in recognition of his worldwide efforts in providing education in the area of temporomandibular disorders and orofacial pain.